# Sandy Springs Rotary Club

### THE BULLETIN

March 24, 2021

Home of Immediate Past District Governor Jim Squire &

Past District Governors Frank Bentley, Ralph Thurmond, and Barry Smith

### **Meetings**

March is Water and Sanitation Month

- 4/5 Club meeting, Sean Minton - Global Grant Scholar
- 4/12 Board & Club meeting
- 4/19 Club meeting
- 5/3 Club meeting, Deborah Boswell

# Our Rotary Family BIRTHDAYS

3/11 Joe Jones

## WEDDING ANNIVERSARIES

3/29 Jim Squire (13)

# **Rotary Online**

https://sandyspringsrotary.org https://rotary6900.org/ https://rotary.org/

# ROTARY CLUB OF SANDY SPRINGS

Mondays, 12:15 pm Hilton Perimeter Suites

# PRESIDENT'S CORNER Welcome to the Sandy Springs Rotary Club



Welcome Sandy Springs Rotarians, friends and guests.

So far, this Rotary year has been challenging coping with the COVID-19 pandemic. We thank all who have been able to attend meetings in person and on Zoom. Although our service projects have been limited by the virus we have been able to help school children needing distance learning and for those in our community needing food. We are also doing great with our medical recycling program benefiting seniors. I thank our club members and officers in working hard to hopefully have our club once again achieve "Club of the Year" status.

Visitors are welcome to experience the Rotary Club of Sandy Springs' hospitality and energy. Meetings are typically the 1st, 2nd & 4th Mondays. Lunch is served at noon and the 1 hour program begins at 12:15. Hilton Perimeter Suites, 6120 Peachtree Dunwoody Road, Sandy Springs, GA 30328.

Reserve a spot by going to our website at <a href="www.sandyspringsrotary.org">www.sandyspringsrotary.org</a>. Join your fellow professionals, community and business leaders, and learn how Rotary can benefit your future. Experience Rotary Making Things Happen in Sandy Springs!







#### **Upcoming Program**

# Rotary Global Scholar and U.S. Army Capt. Sean M. Minton to be Guest Speaker



Monday, April 5th, the Rotary Club of Sandy Springs will be having US Army Capt. Sean Minton as its guest speaker.

Along with his service to our great nation, Sean is also a Rotary Global Scholar.

Sean is originally from Florida and enjoys sunshine and close proximity to the ocean. In October 2018, Georgia Rotary District 6900 in the United States selected him to represent their district as a 2019-2020 Rotary Global Grant Scholar at King's College London in the United Kingdom. His course of study at King's was International Peace and Security Master of Arts in the world-renowned War Studies Department.

Sean's program fell under the Rotary focus area of "Peace and Conflict

6120 Peachtree Dunwoody Road, NE

Sandy Springs, GA 30328 ××



#### **LEADERSHIP**

President John Neill Nancy

President-Elect Schroeder

Treasurer Zac Boswell Secretary

Scott Einfeldt

Will Foundation

MacArthur Membership Gene Jordan Prevention/Resolution." By taking a program that intertwines international politics and international law, he hopes to apply his acquired knowledge and skills in the foreign policy domain. Sean strives to advocate for policies that lead to a better peace between nations and people.

In February 2020, Sean answered the call to establish a Rotaract club by his host club the Rotary Club of London. The Rotaract club was officially chartered by Rotary International on 26 March 2020. However, due to COVID-19, the club's charter was not signed by its parent club, Rotary Club of London, until 1 June 2020. The Rotaract Club of London's inaugural meeting was chaired by Sean, as founding president, on Wednesday, 3 June 2020.

Please join us in welcoming Capt. Minton and give him a warm Rotary Welcome.

This meeting can be attended in-person at the Hilton Suites. 6120 Peachtree Dunwoody Road, NE Sandys Springs Georgia The meeting begins at 12:15pm and ends at 1:15pm

This meeting can also be attended via Zoom: https://us02web.zoom.us/j/83053297439 Meeting ID: 830 5329 7439



#### **Past Program**

### Anastasia Pass, We can either be effective story tellers or not

March 8th, 2021 Anastasia Pass shared her experiences and lessons learned since 2014 when she joined the Sandy Springs Toastmasters club.

Toastmasters International is a nonprofit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. In Sandy Springs, the Toastmasters Club is called Speak up Sandy Springs and it was started in 1975.

One of many important lessons taught is to avoid the "ahs" or "umms". To that end, a common toastmaster title appointed to a member during each meeting is the "Wizard of AHHs". This is a person who monitors a speaker and literally counts the number of ahs or umms used during a presentation. These filler words act as crutches and are frowned upon. In the club that Anastasia attends, the counters are called "Ah grammarians". The Ah Grammarians can use cricket clickers (like those issued to American paratroopers on D-Day) to call attention to these problematic fillers. She says you would be amazed when you notice all the filler words used in speeches and everyday conversation. "They become like nails on a chalk board."



### The Toastmasters will teach you to be remarkably cognizant of what comes out of your mouth.

Once you are aware of your words and honed your presentation talents there is chance you could earn the title of DTM. A DTM is a Distinguished Toastmaster. It is a high honor bestowed upon few. A DTM has earned their title by performing hundreds and even thousands of speeches and served in many of the leadership roles all the way up to the top level. To become a DTM is an impressed achievement.

The most powerful benefit of being a Toastmaster is that it teaches you how to communicate. It gives you the opportunity to tell your story. She explained that telling our story is what we do every day and in every conversation. She urged us all to join Toastmasters by saying: "It's a great way to become better storytellers, effective communicators and stronger leaders."



Anastasia remarked that she is hopeful for the Rotary Club of Sandy Springs and the Toastmasters to couple our talents. Together we can act as one body serving the community and leveraging our strengths.

A brief biography for Anastasia Pass can be found here: https://sandyspringsrotary.org/story/update/5022 Want to know more about Toastmasters in Sandy Springs: http://www.speakupsandysprings.com/



### **Family of Rotary Event**

### Come One, Come All - Weston Hotel Savor Bar



The Rotary Club of Sandy Springs is having a special Family of Rotary Night. Monday (3/29/2021) at 6:00pm the SSRC will be buying hors d'oeuvres for the 1st hour. Enjoy the fine food, surroundings and treats on us, then stay for dinner.

Bring your spouses, kids, and friends and enjoy a nice night out with the Rotarians of Sandy Springs.

More information about the Weston Hotel Savor Bar can be found here: Westin Savor Bar

Where: 7 Concourse Parkway NE, Atlanta Ga. 30328 When: Monday 3/29/2021 - 6:00pm - until you are done What: Family of Rotary monthly night on the town

Who: The Sandy Springs Rotarians, guest and ALL who want to know more about

Rotary.

Why: Just another way the Rotary Club supports the city of Sandy Springs.

#### A Look Ahead

# A quick glimpse of our Rotary meeting dates



The April-May-June Calendar below maybe subject to change.

