



Thursday, Aug. 1



Gwen Tyler: Crime Victims Bill of Rights

Gwen Tyler, victims and witness advocate for the Thomasville District Attorney's office, will provide an update on the [Georgia Crime Victims Bill of Rights](#).

Gwen has been an advocate in the community for the past 18 years, nationally certified for 10 years. She actively supports the Thomasville/Thomas County Homeless Coalition, Treehouse Advocacy Center and Halcyon Home for Battered Women. She is also a member of the Child Abuse Council, the Sexual Assault Response Team, and the Multidisciplinary Team. She actively educates the community about services provided by the Victim-Witness Assistance Program throughout the year, including the National Crime Victims' Rights Week ceremony in April and the Domestic Violence Awareness program, in conjunction with Halcyon Home, in October.

Thursday, Aug. 1

Wine or Whine

Join us for Wine or Whine on **Thursday, Aug. 1 at 5:30 p.m. at All Saints Parish Hall** (the white building behind the church, located at 433 S. Hansell St., across the street from the farmers market on Smith Avenue).

Irene Gleason and Will Brown are hosting this month's gathering with wine and beer, and Irene's husband, chef John Gleason, will make some tasty Asian appetizers. His landscape paintings (below) also will be on display. Bring a friend, your spouse, or someone who may be interested in Rotary. It is sure to be a fun evening!

If you have questions or plan to bring a potential new member, please contact [Angela Williamson](#).



Thursday, Aug. 8

Andrea Collins: Workforce Development Plan Update



Andrea Collins, executive director of the Thomasville-Thomas County Chamber of Commerce, will discuss the **Workforce Development Plan**, a comprehensive strategy to enhance the region's labor force and economic vitality. This plan leverages local resources, educational institutions, and workforce development programs to attract and retain talent, foster skill development, and promote job growth.

Thursday, Aug. 15

Pack & Sort

The club meeting will begin at 11:30 a.m. at Second Harvest Food Bank. Members will pack and sort vegetables and fruit for our Weston Park Produce Market on Saturday, Aug. 17. After we pack produce, lunch will be served.

Working together, serving together, having lots of FUN!



Saturday, Aug. 17

Produce Market at Weston Park

The Produce Market at Weston Park begins at 8:30 a.m.

To volunteer, please arrive by 7:30 a.m. to begin setting up and registering participants.



Mental Health Focus

Prioritize Rest

What can I do to take care of my mental health?

Taking care of yourself means building time into your day to do a quick activity that improves your mental health - which in turn improves your physical health.

We'll provide these quick tips to help you ultimately lower your risk of disease, lower your stress, and hopefully improve your outlook on life. Today's tip: **Prioritize rest as part of your self-care.**

Rest, including both sleep and relaxation, is an essential aspect of maintaining good mental health and overall functioning. It's not just about feeling less tired; it plays a fundamental role in how our brains and bodies function on a daily basis.

July is Maternal and Child Health Month

Thursdays, 12:15 pm
The Plaza Restaurant
217 South Broad Street
Thomasville, GA 31792



July 30, 2024

Meetings

July is Maternal and Child Health Month

- 8/1 Gwen Tyler, Victim/Witness Advocate: Crime Victims' Bill of Rights
- 8/8 Andrea Collins, CoC Executive Director, on Workforce Plan
- 8/15 Meeting at Second Harvest -- 11:30 a.m. 'til 1 p.m.
- 8/22 Julie Montanaro from WCTV brought by Lauren Radford

Events

- 8/1 Wine or Whine
- 8/14 Coffee & Conversations
- 8/17 Produce Market at Weston Park
- 8/24 Rotary/United Way Golf Tournament

ROTARY CLUB OF THOMASVILLE

Thursdays, 12:15 pm
The Plaza Restaurant
217 South Broad Street
Thomasville, GA 31792

LEADERSHIP

President	Marta Jones-Turner
President-Elect	Nathaniel Tyler
Immediate PP	Mary Beth Donalson
Vice President	Nathaniel Tyler
Treasurer	Warren Ballard
Secretary	Anna Lee
Public Image	David Sofferin

Thursday, Aug. 1

Gwen Tyler: Crime Victims Bill of Rights



Gwen Tyler, victims and witness advocate for the Thomasville District Attorney's office, will provide an update on the [Georgia Crime Victims Bill of Rights](#).

Gwen has been an advocate in the community for the past 18 years, nationally certified for 10 years. She actively supports the Thomasville/Thomas County Homeless Coalition, Treehouse Advocacy Center and Halcyon Home for Battered Women. She is also a member of the Child Abuse Council, the Sexual Assault Response Team, and the Multidisciplinary Team. She actively educates the community about services provided by the Victim-Witness Assistance Program throughout the year, including the National Crime Victims' Rights Week ceremony in April and the Domestic Violence Awareness program, in conjunction with Halcyon Home, in October.

Thursday, Aug. 1

Wine or Whine

Join us for Wine or Whine on **Thursday, Aug. 1 at 5:30 p.m. at All Saints Parish Hall** (the white building behind the church, located at 433 S. Hansell St., across the street from the farmers market on Smith Avenue).

Irene Gleason and Will Brown are hosting this month's gathering with wine and beer, and Irene's husband, chef John Gleason, will make some tasty Asian appetizers. His landscape paintings (below) also will be on display. Bring a friend, your spouse, or someone who may be interested in Rotary. It is sure to be a fun evening!

If you have questions or plan to bring a potential new member, please contact [Angela Williamson](#).

Directors

Membership	Angela Williamson
Foundation	Carol Jones
Service Projects	Barbara Williams-Anderson
Club Director	SCOTT Rich
Youth Service	Chandler Giddes
Admin	Devona Thompson

Rotary Online

<https://thomasvillerotary.org>
<https://rotary6900.org/>
<https://rotary.org/>

YEARS OF SERVICE

7/1	Donald Sims (35)
7/1	Jonathan Cleveland (3) 8 years in Rotary
7/1	Rick Piper (0) 7 years in Rotary
7/1	Sharon Patrick (20)
7/1	Mary Beth Donalson (10)
7/1	Jeff Zoller (15)
7/1	Scooter Grubbs, III (37)
7/2	William Dickey (9)
7/4	Erik von Hellens (12)
7/4	Nicholas Rahming (5)
7/6	Kim Walden (7) 13 years in Rotary
7/8	Chandler Giddes (3)
7/12	Eric Ward (12)
7/14	Frederick Buechner (8) 33 years in Rotary
7/15	Dominic Ford (3)
7/18	André Marria (19)
7/25	Esther-Marie Lawrence (0)
7/27	Luten Nunnally (1)
7/27	Devona Thompson (1)
7/27	Stephan Thompson (1)
7/27	John Vann (1)



Thursday, Aug. 8

Andrea Collins: Workforce Development Plan Update



Andrea Collins, executive director of the Thomasville-Thomas County Chamber of Commerce, will discuss the **Workforce Development Plan**, a comprehensive strategy to enhance the region's labor force and economic vitality. This plan leverages local resources, educational institutions, and workforce development programs to attract and retain talent, foster skill development, and promote job growth.

Thursday, Aug. 15

Pack & Sort

The club meeting will begin at 11:30 a.m. at Second Harvest Food Bank. Members will pack and sort vegetables and fruit for our Weston Park Produce Market on Saturday, Aug. 17. After we pack produce, lunch will be served.

Working together, serving together, having lots of FUN!



Saturday, Aug. 17

Produce Market at Weston Park

The Produce Market at Weston Park begins at 8:30 a.m.

To volunteer, please arrive by 7:30 a.m. to begin setting up and registering participants.



Mental Health Focus

Prioritize Rest

What can I do to take care of my mental health?

Taking care of yourself means building time into your day to do a quick activity that

improves your mental health - which in turn improves your physical health.

We'll provide these quick tips to help you ultimately lower your risk of disease, lower your stress, and hopefully improve your outlook on life. Today's tip: **Prioritize rest as part of your self-care.**

Rest, including both sleep and relaxation, is an essential aspect of maintaining good mental health and overall functioning. It's not just about feeling less tired; it plays a fundamental role in how our brains and bodies function on a daily basis.

