

President Nancy's Message

What can I do this week?



Donate Blood
7-17



Donate
thru 7-26



Sponsor NOW



Host student July 25 - Nov 1
or Feb 15-May 15

Click below for links to projects in graphic:

- [Blood Drive](#)
- [Huskies Helping Huskies](#)
- [Golf & Tennis Tournament](#)
- **Host Student Roswell Youth Exchange** Alesia Booth 404-226-3922

Dear Fellow Rotarians,

I hope this message finds you all in great spirits! Our meeting last week was filled with energy, enthusiasm, fun, and magic. We kicked off our first service project of the year: Huskies Helping Huskies: Backpacks. We need your help gathering items for the backpacks, and we will pack them together after next week's meeting on 7/25. Your contributions will make a significant impact on the lives of local students.

This week, we are excited to welcome a speaker who will introduce another impactful project, No Shame Roswell. This initiative aims to remove the stigma surrounding mental health and provides the community with vital resources and support. It's an incredible opportunity to make a difference in the lives of those struggling with mental health issues.

We will also be inducting our first new member Sam Lane. Please be there to welcome him into the family of Rotary.

We have placed pink buckets around the meeting area for your suggestions, and

MEETINGS

July is Maternal and Child Health Month

- 7/18 Ryan Stringfield - Pathways2Life - One Roswell
- 7/25 Club Assembly - Hollywood Squares
- 8/1 Holistic Medicine with Victoria Webster
- 8/8 Private Investigator Norma Tillman
- 8/15 Artificial Intelligence with Dave Bernard
- 8/22 Karim Godamunne - Medical Patient Advocacy
- 8/29 Golf Program
- 9/5 Roswell Communications + 911 Tour after

EVENTS

- 7/17 Blood Drive
- 7/18 Golf and Tennis Committee Meeting
- 7/18 Alive in Roswell
- 7/25 Golf and Tennis Committee Meeting
- 8/1 Golf and Tennis Committee Meeting
- 8/7 Tennis Clinic
- 8/8 Golf and Tennis Committee Meeting
- 8/15 Golf and Tennis Committee Meeting

LEADERSHIP

President	Nancy Alterman
President-Elect	Trummie Patrick, III
Treasurer	Katie Anderson
Secretary	Leslie Bassett
Public Image	Kathryn Igou

we've already received some fantastic ideas that we will work to implement. Your input is invaluable in shaping our projects and making our community stronger.

Finally, if you have any announcements or need to be added to the schedule, please let me know. Your participation and updates help us stay organized and ensure everyone is informed about our activities.

Let's keep the momentum going and make this a fantastic year of service and fellowship!

Yours in Rotary,

President Nancy

Pathways 2 Life Founder, Ryan Stringfield to speak



Pathways2Life is a non-profit focused on preventing substance misuse and early intervention. Pathways2Life exists to build resilient people leading others in Greater Atlanta. As Executive Director, Ryan leads the organization with his vision, fundraising, and program development. Pathways2Life serves students, families, schools, and communities. Ryan's own recovery fuels his passion for being a vocal community advocate, building strategic partnerships within the community, and galvanizing a growth-oriented system of care. Ryan lives in Atlanta, GA, with his wife, Pamela, and their two boys, Josiah and Asa. For more information about Pathways2Life, go to: www.pathways2life.org

ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm
Roswell Area Park
Bill Johnson Community Activity Building
10495 Woodstock Road
Roswell, GA 30075

ROTARY ONLINE

<https://roswellrotary.club>
<https://rotary6900.org/>
<https://rotary.org/>

BIRTHDAYS

7/16	Mike McRay
7/17	Jack Tolbert
7/18	Matt Ritchie
7/19	Alex Kaufman
7/19	Marcus Snoddy
7/23	Steven Palmer
7/27	Walt Woliver
7/29	Leigh Brown
7/29	Matthew Thomas
8/2	Gene Beckham
8/3	Martha Spencer
8/3	Mike Ivkovich
8/4	Vanessa Snyder
8/4	Ryan Williams
8/7	Ryan Gehricke
8/8	Jay Pittroff
8/9	Jennifer Briggs
8/10	Kathryn Igou
8/12	Richard Dreger
8/13	Ross Patton
8/13	Mike Mizell
8/13	Lori Allen

YEARS OF SERVICE

7/16	Don Horton (9)
7/17	Betty Price, M.D. (10)
7/17	Mike Agurkis (10)

URGENT: Rotary Youth Exchange program needs 2 Host Families

RYE Student arrives from Japan this month



**Need 2 Volunteer
Host Families for
student from Japan.
Roswell HS District**

***Pick one or both!**

July 25 - Nov 1 or

Feb 15 - May 15

Rotarians, our Club's Rotary Youth Exchange student arrives in Atlanta from JAPAN on JULY 28th!! We're looking forward to her arrival! We are also looking for 2, yes, TWO additional Host Families to host her stay, either the 1st segment: July 25 - November 1 OR February 15 - May 15. If not you, please ask your Roswell friends & neighbors.

Please contact: Alesia Booth 404-226-3922; Vivian Bankston 770-309-5676; Michael Gould 770-617-2958 for more information.

7/17	Marcus Snoddy (21) 24 years in Rotary
7/20	Robert Button (24)
7/20	Michael Hernandez (24)
7/22	Becky Stone (15)
7/25	James Rains (16)
7/25	Jack Tolbert, Jr. (39)
7/26	Dave Hallman (23)
7/26	Albert Mazzeo (6)
7/27	Grant Miller (2)
7/27	Justice Brakache (2)
7/28	Chris Archer (13)
7/28	Jack Wyche (19)
8/1	Steven Palmer (8) 8 years in Rotary
8/2	Chris Webb (2)
8/3	John Carruth (29)
8/4	David Young (36)
8/6	Elwyn Gaissert, II (43)
8/13	Richard Meer (32)

RRAH - Next Meeting is Today, July 16th!



This non-profit organization was founded in 1948 on the belief that everyone deserves fair and equal access to healthcare. Visiting Nurse is the safety-net for low-income patients and provides charitable care with the help of our philanthropic community. Visiting Nurse delivers nearly 9,000 charitable care visits annually throughout Metro Atlanta and 57 counties in Georgia. To learn how you can give, including preparing care packages for seniors, serving at their family bereavement camp, honoring veterans, connecting them with your company giving, serving as a Healthcare Champion, and making individual contributions, contact sue.carpenter@vnhs.org.

Pint for a Pint Wed July 17

Blood Suckers UNITE!

Wednesday, July 17, 8:00 am - 1:00 pm at Coastal Bar & Grill



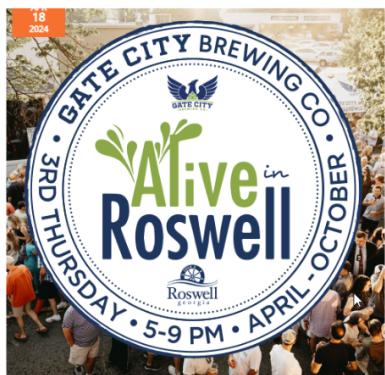
Every day, hundreds of people in our community find themselves desperately needing blood. I was one of them. The pint you donate may be the gift of life that person desperately needs. You can be sure the family of the recipient will be eternally grateful.

Sign up through the QR Code above or [CLICK HERE](#)

Sponsored by Coastal Bar & Grill, Variant Brewing, Safe Haven Fitness, and Bob Clarkson of Century 21 Connect Realty.
For more info, contact Darrell Bartlett or Hal Schlenger

Come Join-It's fun!

Alive in Roswell



GRILLMASTER
Alan Greensmith
Alive in Roswell
July 18 @ 5pm



For more info or to volunteer, contact Alan Greensmith at 404-210-1478 or alangreensmith@gmail.com

Huskies Helping Huskies

School Supplies Needed at Crabapple Middle - Now through July 26



We will be soliciting your help through **July 26**. Thank you for helping Crabapple Middle School children. Questions? Speak with Rabbi Alex rabbi@bethtikvah.com

July is Maternal and Child Health Awareness Month

Local nonprofit cares for the mental health of moms



Quality and safe maternal healthcare is essential before, during, and after pregnancy. Along their journey, expectant mothers must have physical, mental, and emotional support, be free from preventable physical and mental illnesses, be equipped to handle the emotional strain and be financially capable of mothering their newborn babies.

Celestial Motherhood & Baby Boutique (CMBB), serves women 12-40 years old from multiple ethnic backgrounds and socioeconomic environments, who are 6 weeks pregnant up to and including their delivery, and postpartum mothers with children up to the age of two.

"I am definitely applying what I'm learning. So far, one of the biggest takeaways is just doing what I can do right now. I keep repeating what the coach said in our group, "If the clothes are in the corner, it's okay - no one's coming over." My life has been impacted because of the support I've received at CMBB. I did not have postpartum depression with my third child like the severe postpartum depression I had with my second."

CMBB offers mental and emotional support through support groups and education. If you'd like to get involved or know a friend/family member who could use support, please reach out! Celeste Weaver, RN at cmbbinformation@gmail.com.

Last Week at Rotary







