Roswell Rotary Club

Rotascope

SEPTEMBER 17, 2024

President Nancy's Message



Remembering 9/11 and Honoring Our First Responders

As we reflect on the events of 9/11, we are reminded of the courage and sacrifice of our first responders. To honor their service, Roswell Rotary started the First Responder Drive-Through BBQ, an initiative launched by Past President Lynne during the height of COVID-19.

This tradition has become a cherished way for our club to show gratitude to those who tirelessly protect and serve our community. Let’s continue to remember, honor, and support our first responders, not just on this solemn day, but every day.

Thanks to the Interact Club volunteers from Blessed Trinity, Centennial, and Roswell High School. And special thanks to Jack Wyche, Gene Beckham and Dave Young for heading this project up and being the grill masters.

Thank You to Our Amazing Rotarians for a Fantastic Tournament!

A heartfelt thank you to all the Rotarians who sponsored, played, and worked at this year's tournament! We were blessed with beautiful weather and a wonderful day filled with friendly competition, laughter, and community spirit.

Your dedication and hard work made the event not only a success but also a joyful occasion for everyone involved. Whether you were out on the course swinging clubs, coordinating logistics, or cheering players on, your contributions truly made a difference.

Together, we enjoyed a fun-filled day while raising funds for our ongoing service projects. A special thanks to our many volunteers and especially to Joe Mazzeo, Mindy Jones, Rich Austin, Michael Curling, Bob Clarkson, Jerry Orlans, Ryan Gehricke, Karen Schwank, and more whose steady leadership and "do what it takes" attitude made the event so smooth and enjoyable for everyone. Thank you for embodying the Rotary spirit and making this event one to remember!

MEETINGS

September is Basic Education and Literacy Month

9/19	Sandy Weaver - Mental focus, motivational speaker
9/26	Sophia Crawford - Stunt Actor
10/3	Interact Kick Off Meeting / Youth Day Parade / Youth Ambassadors
10/10	Tony Sibert - Cyber Security
10/17	Senator John Albers - The History of the National Anthem
10/24	Breast Cancer Dr. McLaughlin from Wellstar
10/31	Jonathan Crooks - Roswell's Haunted History
11/7	Chattahoochee Nature Center - ADA Picnic Table Build (meeting location change)

EVENTS

9/21	Roswell Art Festival
9/23	RUMC Job Networking
9/25	"Pint for a Pint" blood drive
9/28	Community Clothing Giveaway @ Groveway Community Group, Inc
10/14	RUMC Job Networking
10/16	Meals on Wheels Deliver
10/18	Meals on Wheels needs you!
10/18	"Attack of the The Meth Gator" @ Gate City Brewering

LEADERSHIP

President	Nancy Alterman
President-Elect	Trummie Patrick, III
Treasurer	Katie Anderson
Secretary	Leslie Bassett
Public Image	Kathryn Igou

This Week's Speaker Sandy Weaver: Harnessing the Power of Positive Psychology

This week, Roswell Rotary has the pleasure of welcoming an inspiring speaker who delved into the transformative world of positive psychology. As a professional dedicated to helping individuals and teams create a happier, more successful life and workplace environment, her insights will be invaluable. Join us for a fun and enlightening talk

Nancy Alterman
Roswell Rotary President 2024-25
Service Above Self

Speaker: Sandy Weaver on Power of Positivity



Very excited about our speaker this week! In a world where change and uncertainty can zap the energy out of our spirits, Sandy is going to enlighten us on the huge power of positivity. We can all use more positivity in our lives and we know the room will be filled for her presentation. Bring someone who might be interested in Roswell Rotary membership. Great meeting to show the positive energy of our club!

RRAH - Next Meeting is Today, September 17th!

ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm
Roswell Area Park
Bill Johnson Community Activity Building
10495 Woodstock Road
Roswell, GA 30075

ROTARY ONLINE

https://roswellrotary.club
https://rotary6900.org/
https://rotary.org/

BIRTHDAYS

9/17	Shannon Harrison
9/17	Mike Agurkis
9/20	Jeff Bridges
9/22	Lorraine Head
9/23	Drayton Robertson
9/24	Chris Archer
9/25	Cathy Pope
9/27	Dave McCleary
9/30	Shahid Khan
9/30	Trummie Patrick
10/1	Ralph Rowland
10/2	Cheryl Greenway
10/2	Sandy Buhler
10/4	Ron Cowan
10/4	Lucy Hall
10/7	Lynne Lindsay
10/10	Jeffrey Meyers
10/11	Michael Brown
10/12	SaraBeth Huntley
10/13	Pete Collaros
10/15	Tori Nielsen

YEARS OF SERVICE

9/18	Debbie Cwalina (10)
9/18	Brian Hansford (10) 12 years in Rotary
9/24	Tod Baker (9)



Please welcome Ryan Stringfield as our guest speaker for our upcoming meeting tonight, September 17th. Ryan is an Executive Director at Pathways2Life and has over 15 years of experience in prevention and early intervention, with his personal recovery journey driving his passion for supporting youth and young adults. As a CADC and cP, Ryan provides visionary leadership for the organization, overseeing program development, fundraising, and strategic partnerships. Pathways2Life aims to create a growth-oriented system of care, helping students, families, schools, and communities. Under Ryan's leadership, the organization has made a significant impact across Metro Atlanta by providing early intervention and prevention services to at-risk youth. Ryan will speak to us about the story of Pathways2Life and how the organization is transforming lives. His dedication to serving the community has made him a key figure in the region's efforts to support mental health and wellness.

Our meeting will be held at 6:30 PM. The location is to be determined due to scheduling conflicts. Roswell Rotary members can reach out to Brooke Foxman at (770) 769-7810 if you are interested in attending for location information. Location will be posted in the GroupMe for RRAH members. We hope to see you all there!

10/4	Shields Blankenship, III (2) 8 years in Rotary
10/6	Chuck Savage (8) 16 years in Rotary
10/7	Jim Coyle, Jr. (15)
10/7	Matthew Millard (15)
10/10	Mike McRay (22)
10/11	Darrell Bartlett (5)
10/11	William Lindsey (5)
10/11	Theodore Lescher, Jr. (5) 11 years in Rotary
10/13	Jennifer Briggs (13)

Women in Rotary Meet September 18



Women in Rotary is a group of women Rotarians and wives of Rotarians that get together once per quarter for social interaction, business interaction, and to get to know each other better. The first Women of Rotary will be held on Wednesday, September 18th, from 5:30 - 7:30 pm at the Hotel Avalon. Light refreshments will be provided and women buy their drinks. Men, please pass this information on to your wives and invite them. Sign up with this link **https://www.signupgenius.com/go/70A0A44A5A823A1FF2-51014017-women**

Saturday, Sept.21

Rivers Alive Cleanup

A fall river cleanup is scheduled for Saturday, Sept. 21.

Where: Riverside Park

To volunteer, contact Mary Trapp 770-645-1320

Moonlight & Martinis



You've Got Lots to Offer! Choose Service that Fits You Best

Earned a Service Shirt Yet? Now's your chance!

ROTARY INTERNATIONAL
ROTARY
SERVICE Above Self

- **RUMC** holds several job fairs per month. With your business expertise, you could make a great mentor - even if just for one night. Go to **rumcjobnetworking.com** or ask Mary Trapp for more information.
- **Meals on Wheels** brings meals and a smiling face to homebound seniors. Can you spare an hour one or two days a week?

Contact Mary Trapp: **marytrapp@kw.com**

- Know a group who probably has a bunch of **old sneakers** in their closets? Coordinate a Recycle Sneaker drop off / pick up location with Same Lane: **sam@jarvistreeexperts.com**
- **Youth Services -** So much going on... it's too much to list. Contact Becky **susbeck6061@gmail.com**
- **Fall Events** - There are dozens of ways to help out in the months to come before the new year, and to earn the coveted Energizer Bunny Service T-shirt. Contact Mary Trapp for details.

Sat, 9/21 at 9:00am: Your body is asking for this

"Nature Bathing" is Subject of Walk with a Doc

With Therapist, Aleks Rakita-Jeremic



You are what you eat. Things to think about to be your healthiest you. Spoiler alert: It's not "don't eat...." Healthy Lifestyle consultant Nancy Lovejoy shares truly practical -- and tasty - foods and menus.

Location: Leita Thompson Park, 1200 Woodstock Rd, Roswell, GA 30075
Meet at the gazebo / small parking lot; overflow parking is about 100 yards to the East.

Covered Bridge for a talk about Nature Bathing, the Japanese practice of immersing yourself in nature and using your senses to reconnect with it to relax and get energized. Some consider it preventative healthcare. For more information, contact Betty Price at **emcp@mindspring.com** or Hal Schlenger **HSchlenger@GreatSouthBenefits.com**

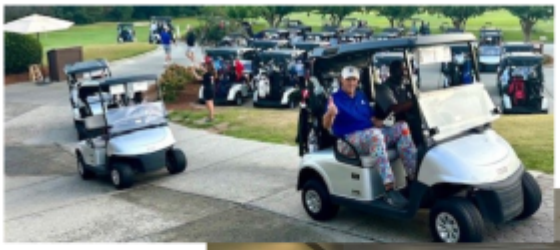
Last Week at Roswell Rotary
















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of Roswell



